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sense of purpose at work, a report found.

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By Araceli Crescencio, Inc. (TNS)

It's no secret that **happy employees are more productive.**

However, according to a **recent report** from insurance giant MetLife, Gen Zers are the least happy employees of any generation. Only 62% of surveyed Gen Z workers reported being happy with their job, compared with 67% of boomers, 66% of Generation X, and 66% of millennials.

According to the report, one of the main reasons for the lower happiness rate among

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and just 58% of Gen Zers trust their employer to “do the right thing,” compared with 65% of employees overall.

Another factor was work location: Employees with hybrid and fully remote work arrangements feel much more purposeful in their work than fully in-office employees (75% of surveyed workers compared with 64%, respectively).

Employers looking to better support Gen Z employees—who already [outnumber boomers](#) in the workforce—can evaluate whether hybrid or remote work might be an option for their business. According to [PwC's 2024 Trust Survey](#), other methods for building trust among employees include organizing in-person teambuilding activities and offering avenues for career advancement.

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