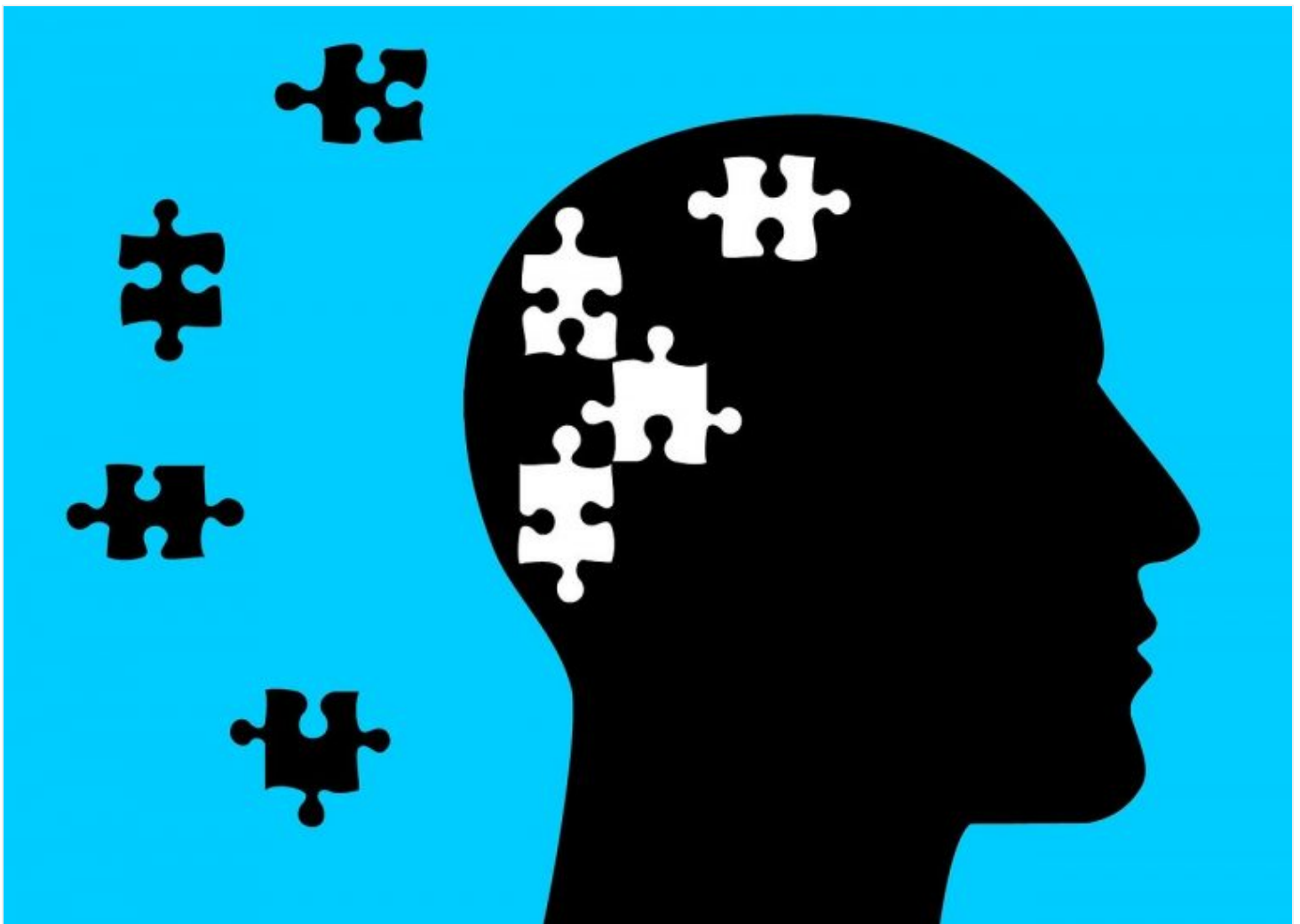


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mental health related leaves of absence have increased a stunning 300%.

Isaac M. O'Bannon • Mar. 01, 2024



**ComPsych** Corporation, a provider of mental health and absence management services, says a new study finds that mental health leaves of absence increased by a third in 2023 over the prior year. This continues a years-long trend: ComPsych data shows that from 2017 to 2023, mental health related leaves of absence have increased a stunning 300%.

This increase has largely been driven by female employees. In 2023 nearly seven in

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work as a new parent, or worrying about care for aging relatives.”

“As the leader in the integration of mental health and leave administration, we have a unique view into how these two areas intersect,” continued Dr. Chaifetz. “It’s clear that proactively investing in employee mental health is a key strategy for HR teams trying to mitigate the cost and impact of employee leaves of absence.”

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