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apprehensive about seeking raises.

Nov. 08, 2023



By Shalene Gupta, Fast Company (TNS)

Ask and you shall receive—but what about those of us who dread asking? B2B Reviews, a platform that collects reviews for business-to-business companies, [surveyed 1,000 employees in America](#) to understand how they felt about asking for raises. If you're afraid of asking for a raise, take heart: you're not alone.

- **Overall, most people are afraid of asking for a raise:** 80% of Americans feel like

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the study say they do not discuss their salaries with co-workers. What people do agree on: 70% would *not* trust AI to fairly decide upon a raise.

“As the economy continues to rise and fall, the conversation about compensation is far from over, and employees and employers alike would do well to encourage more open communication,” the study’s authors wrote.

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