CPA

Practice **Advisor**

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news to help keep you informed, must at some point pay homage to the impending holidays. Regardless of your religious belief, it will be a time of reflection, of gathering with family and friends, and of preparation for the year and tax season ahead.

So it is that in December of each year I share something personal that might be of value to you and yours as you take a break from the rigors of accounting. In this case, as it has been from time to time in previous years, I will share my super-secret old family recipe for eggnog.

This is not a recipe to be taken lightly. While no one knows for sure where the concept and recipe for eggnog originated, it has been a part of the holiday tradition almost as long as candles. cold weather and carols. And frankly, this one has been the very best I have found in many years of searching as a lover of nog.

So here is the recipe, along with my very best wishes for you, your firm, your family and friends, for this holiday season.

1 gallon milk

18 eggs, divided into yolks and egg whites

1 teaspoon salt

2 cups sugar

1 teaspoon ground nutmeg

1 teaspoon ground cinnamon

1 tablespoon vanilla extract

1 quart heavy cream

1 small container Cool Whip

4 scoops vanilla ice cream

Heat milk in a large saucepan, scalding it but not allowing it to boil. Beat egg yolks

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Can be made in advance by a day or so. I usually save a few plastic one-gallon milk jugs in the weeks before the holiday, make a bunch up and store it by the gallon ready for use in case an army of friends or relatives drop by for eggnog and cookies.

I send it with my best wishes to your and yours in this time of reflection, religion, peace and family.

Dave McClure

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